# Open Flanders SC: Session: 1: COACH evaluation sheet for TEAM: RSCM

**Coachinfo: Warming up from: 08:30 untill 09:45. Teamleadmeeting @ The listed starttimes are indicative!**

**Coaches: Van Den Bosch Jeroen**

**Coaches: Drabs Hanne HEADCOACH**

**PB => Personal Best time** **SB => Seasons Best time: Season starting point: first of September.**

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## Event number: 1: 100M BUTTERFLY MEN — Heat:2, starttime: 10:02

**Heat: 2/5 Lane : 3 Athlete: VAN DEN BOSCH FREDERIC** — **Q-time: 01:00:09**

**PB (25m pool): 01:00.24 Gent(Sint-Amandsberg) 11/11/2024 PB (50m pool):** 00:59.73 **SB:** no time

| | 25 M | 50 M | 75 M | 100 M | |
|---|---|---|---|---|---|
| PB | | 00:27.07 | | 01:00.24 | |
| | | *00:27.07* | | *00:33.17* | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | |

Coach feedback:

## Event number: 1: 100M BUTTERFLY MEN — Heat:5, starttime: 10:06

**Heat: 5/5 Lane : 5 Athlete: BAECKELMANS JARNE** — **Q-time: 00:54:73**

**PB (25m pool): 00:54.73 Gent 09/11/2025 PB (50m pool):** 00:56.44 **SB:** no time

| | 25 M | 50 M | 75 M | 100 M | |
|---|---|---|---|---|---|
| PB | | 00:25.31 | | 00:54.73 | |
| | | *00:25.31* | | *00:29.42* | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | |

Coach feedback:

## Event number: 2: 100M BUTTERFLY WOMEN — Heat:1, starttime: 10:08

**Heat: 1/3 Lane : 6 Athlete: VAN DEN BOSCH MAXINE** — **Q-time: 01:06:49**

**PB (25m pool): 01:07.20 Mol 15/10/2023 PB (50m pool):** 01:04.88 **SB:** 01:07.58 Groenenhoek Berchem 10/10/2026

| | 25 M | 50 M | 75 M | 100 M | |
|---|---|---|---|---|---|
| PB | | no time | | 01:07.20 | |
| | | *no time* | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | |

Coach feedback: